

KEEP YOUR CHILDREN SAFE

● Supervision

Maintain constant supervision of your children. Be especially alert when your children are near or in the water, no matter how good a swimmer your child is or how shallow the water.

● Inflatables

The use of inflatable devices and toys cannot replace parental supervision. Such items could deflate suddenly, slip out from underneath your child or be blown out to sea by strong winds, leaving your child in a extremely dangerous situation.



● Swimming Lessons

Enrol your children for swimming lessons or have them attend a course on water safety. Giving your children the chance to gain knowledge and experience of water-based activities will be of great benefit in later life.

Contacts:

Tynemouth Swimming Pool: 0191 2006192

The Lakeside Centre: 0191 2234177

● Help

Learn how to help if an emergency situation was to occur. The Royal Life Saving Society (RLSS) provide courses on giving help in emergencies. Contact your local lifesaving or lifeguard club for information.

